<table>
<thead>
<tr>
<th>Title:</th>
<th>What’s my story? How do I help elementary students stay positive in a time of uncertainty?</th>
<th>Grade:</th>
<th>9th-12th Grades</th>
</tr>
</thead>
<tbody>
<tr>
<td>Content:</td>
<td>Literacy, English Language Arts (ELA), Social Studies (HGSS), Communication (Comm), Mental and Emotional Health</td>
<td>Duration:</td>
<td>This multidisciplinary unit is designed for a week. It is estimated a total of 10-15 student work hours per week would be needed to complete this unit.</td>
</tr>
</tbody>
</table>

**Standards:**

- **RL.9-10.10 / RL.11-12.10:** Apply knowledge of language to understand how language functions in different contexts.
- **W.9-10.9 / W.11-12.9:** Draw evidence from a grade appropriate text to support analysis, reflection, and research.
- **HGSS.1:** Choices have consequences.
- **HGSS.3:** Societies are shaped by identities, beliefs, and practices of individuals and groups.
- **Comm 0.2.2:** Communicate effectively with others to foster positive relationships.
- **Comm 0.2.5:** Deliver an oral presentation to provide information for specific purposes and audiences.
- **Mental and Emotional Health 12.4:** Avoiding negative self-talk, self-harm, and suicide.

**Objective:** Using ELA and HGSS skills, the student will understand, analyze, and communicate the necessity for mental and emotional health in a changing society.

**Resources / Materials Needed:**

- List of Growth Mindset Children’s Books
- What is Growth Mindset? (Handout)
- Character Development (Handout)
- Plot Structure (Handout)
- Writing Process (Handout)
- Annotation / Note-taking (Handout)
- Summary (Handout)

*Student(s) are encouraged to research other sources online if technology is available.*

**Description:** Students will write a children’s book incorporating current events that show how a growth mindset can help an individual overcome challenges.
**Introduction/Description:**

*Parent/guardian/teacher says:* “So much is happening in the world today, and it is happening rapidly. How do we maintain a positive outlook and growth mindset when dealing with adversity? I would like you to create a children’s book or short story that you could read to a family member, neighbor, or younger person.”

Key vocabulary/phrases: character development, plot structure, growth mindset

- Day 1: Using the writing process, brainstorm ideas and content, characters, plot
- Day 2: Using the writing process, create an outline for your book.
- Day 3: Using the writing process, revise your book for clarity and content.
- Day 4: Using the writing process, editing your book conventions. Draw corresponding pictures to go with your book.

**Accommodations:**

- This project could be extended or shortened for project length limitations. For example, this project could be extended to be 10 days or shortened to 2.5 days depending on the needs of the student(s).
- Student(s) can create a short story instead of a children’s book.
- Student(s) can create a storyboard instead of a children’s book using pictures and/or graphics.
- Student(s) can create a short movie.
- Project can be altered to fit additional grade levels.
- Project can be completed with a partner(s) or as a family.

**Finished Product:** Student(s) will record or present the book. Provide project summary/overview.