

Title: Family Time Capsule	Grade: 1st Grade
Content: Social Studies/English Language Arts	Duration: 15-30 minutes daily for five days

Standard:

- **HGSS:** Relationships among people, places, ideas, and environments are dynamic.
- **SL.1.3:** Ask and answer questions in order to gather information.
- **W.1.10:** Demonstrate command of the conventions of standard English grammar and usage when writing.

Objective: Children will work with their families to create a Family Time Capsule to be opened at a later date.

Resources Needed:

- Paper for daily writing or a notebook/journal
- Something to use as a time capsule--it could be a coffee can, jar, shoebox or a ziplock bag
- Paper towel tubes or envelopes
- Free printables for making a family time capsule
<http://homegrownheartacademy.blogspot.com/2015/01/make-time-capsule.html>

Videos to give you some ideas!

<https://www.wikihow.com/Make-a-Family-Time-Capsule>

<https://www.youtube.com/watch?v=Bq-eKllx-Zo>

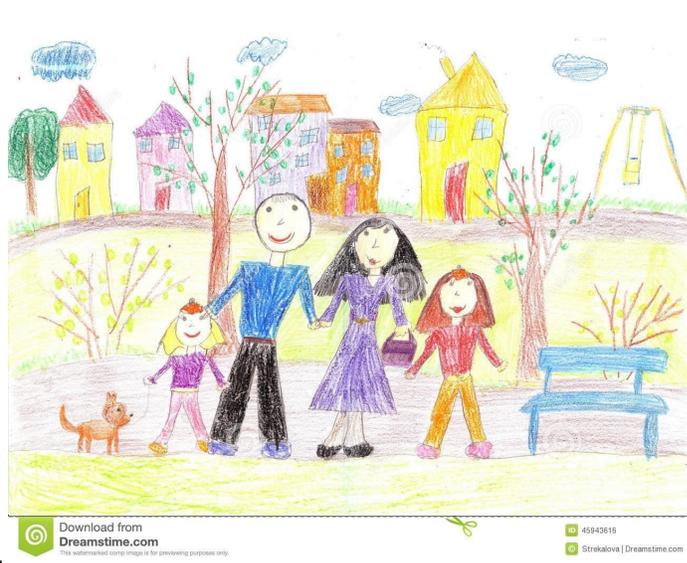
All IAbout Me book

<http://printables.atozteacherstuff.com/download/all-about-me/allaboutmebook.pdf>

Introduction/Description: Creating a family time capsule will give you opportunities to capture this moment in time and what's going on in your life right now! You can add things that are important to you and your family.

Day 1

- ❑ Decide what you will use to hold your valuable collection of memories. It could be a jar, a shoebox or a plastic container. The size depends on what you want to put in your time capsule.
- ❑ Draw and write a **secret message** that you want everyone in your family to see, but don't show them today.
- ❑ Be sure to sign your picture, write the date on it and roll it up.
- ❑ Put it in a paper towel roll. Tape the ends shut and decorate the roll. If you have enough rolls, let everyone in your family do this. If you don't have any paper towel rolls, just roll it up and tape it shut or place it in an envelope.



Day 2

- ❑ Create an **All About Me** book or make your own poster /book about each member of your family- or have each member fill out their own page.

<http://printables.atozteacherstuff.com/download/all-about-me/allaboutmebook.p>

ALL ABOUT ME

NAME: _____

AGE: _____ years

FAVORITES	FAMILY
Color: _____	Birthday: _____
Animal: _____	I am the _____ Child in
Activity: _____	my Family.
Food: _____	Sibling(s): _____
Movie: _____	Parent(s): _____
Character: _____	Pet(s): _____
Song: _____	
Thing to do: _____	
STRENGTHS: _____	

WEAKNESSES: _____	

[df](#)

All About Me!

My name is _____

My age is _____

A picture of me!

I am a

Girl Boy

My eye color is

Day 3

- Conduct an **interview** with a family member and ask some of these questions.
- Record the answers in a journal or on paper for your time capsule.

--What do you like most about yourself right now?

--What is the funniest thing you've ever done?

--What are you good at?

--What's the most important rule you know?

--How do you like to spend your time?

--What makes you feel proud?

--What do you know that you could teach me?

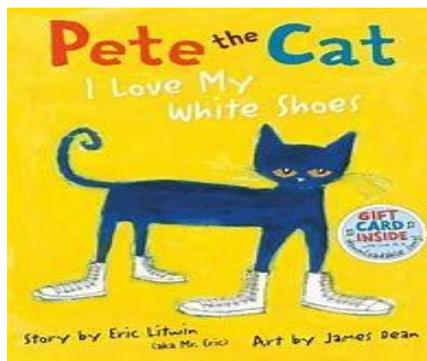
Day 4

- Write or draw about something you like to do with your family, or a favorite memory you made together.
- Create a wish list of things you want to do with your family when you can.



Day 5

- Draw a picture about your favorite book.
- Why do you like it? Can you write why it's your favorite?



Finished Product: At the end of this week, decide with your family if there are more things you want to collect for your time capsule. Do you want to put photographs in your time capsule with captions about what's happening in the pictures? Do you want to write about your favorite toys and tell why? Do you want to include a family recipe? If so, keep going!

When you're finished seal up your time capsule and save it to open at a later date! Have fun!

Adaptations:

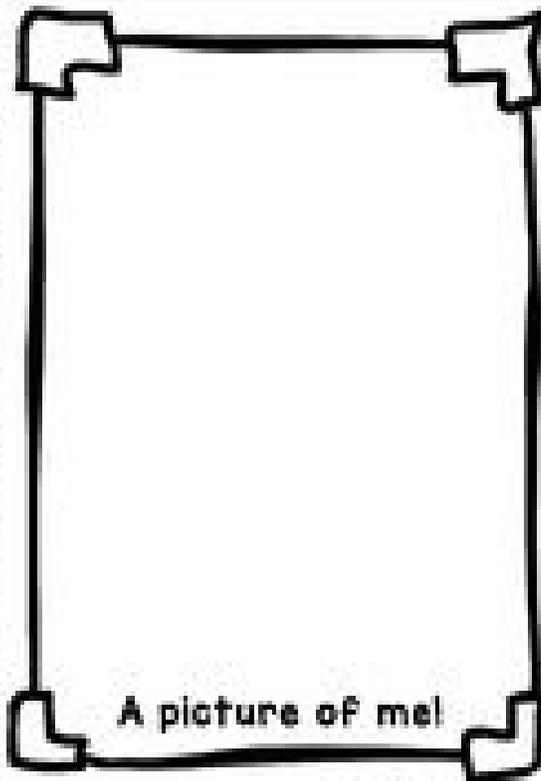
- Other real items could be placed in the time capsule as long as they would be safe..
- Make a family birthday book describing each family member's favorite birthday, cake, food and how they like to celebrate.
- Enjoy this time making new memories with your family!

All About Me!

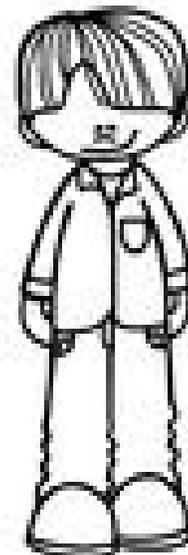
My name is _____

My age is _____

I am a

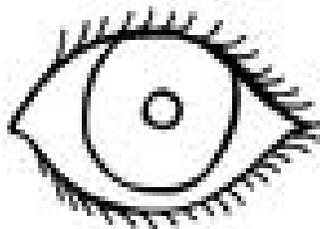


Girl



Boy

My eye color is



ALL ABOUT ME



NAME:

Picture
here

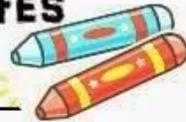


AGE:

_____ years

FAVORITES

Color: _____
Animal: _____
Activity: _____
Food: _____
Movie: _____
Character: _____
Song: _____
Thing to do: _____



FAMILY

Birthday: _____
I am the _____ Child in
my family.
Sibling(s): _____
Parent(s): _____
Pet(s): _____

STRENGTHS:

WEAKNESSES:

